



**BE PREPARED • TAKE PRECAUTIONS • STAY SAFE** 

Keep food and drinking water ready when you hear cyclone warning



Share information about stored food and water with all family members for easy access





 Keep dry food ready and stored in a sealed pack to avoid contamination

PREPARE FOR CYCLONE





Keep ready baby food, soft food for elderly and patients as required

Store sufficient safe drinking water



HELPLINE **©** 112





National Disaster Risk Reduction Communication Toolkit

When you are safe, volunteer in rescue operations